

# Cyber Resilience in Action

**A Practical Guide** 



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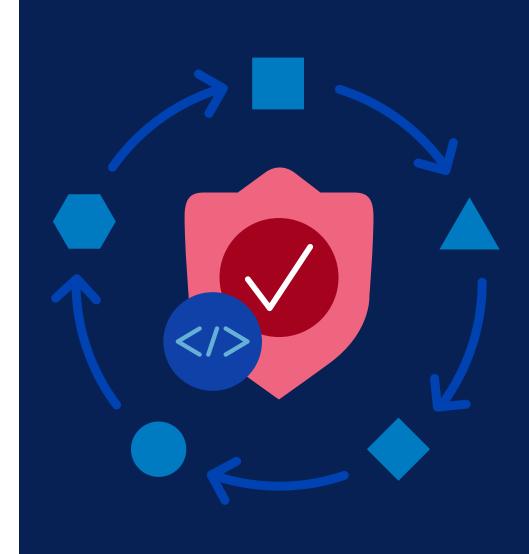
## Introduction: 10-Step Playbook to Build Enterprise Cyber Resilience

Security leaders who proactively address evolving cyber threats enhance their organization's resilience and minimize risk exposure. This playbook outlines 10 steps to successfully build and maintain enterprise cyber resilience while optimizing security investments and operational excellence.

#### **Key findings**

- Organizations that align cyber resilience with business objectives effectively optimize investments and minimize risks.
- The ability to securely integrate emerging technologies while maintaining operational resilience is challenging for many security leaders.
- CXO support is essential for cyber resilience initiatives, but sufficient preparation and communication are also necessary to avoid missed opportunities.
- Building robust governance frameworks and fostering a security-first culture empowers organizations to successfully respond to and recover from cyber incidents.

Insights drawn from the collective wisdom and real-world experience of 47 industry leaders across three dynamic technology hubs in Asia.



#### **Co-Creation**

This playbook represents the collective wisdom and real-world experiences of 37 industry leaders across three dynamic technology hubs in Asia. The insights are drawn from executives representing diverse sectors—from financial services to technology—and roles spanning CISOs, CIOs, and security architects.

This multi-regional collaboration brings together distinct perspectives on cyber resilience, enriched by each region's unique challenges and innovative approaches.

#### **Bangalore**

Regional thought leaders advocated for innovation and adaptability, highlighting secure integration of emerging technologies. This session introduced advanced practices like self-healing systems, zero trust architecture, and Al-powered predictive threat modeling.

#### Kuala Lumpur

Participants emphasized operational excellence through proactive threat management and incident response. This roundtable prioritized real-time monitoring, Al-driven analytics, and cloud resilience for minimizing disruptions.

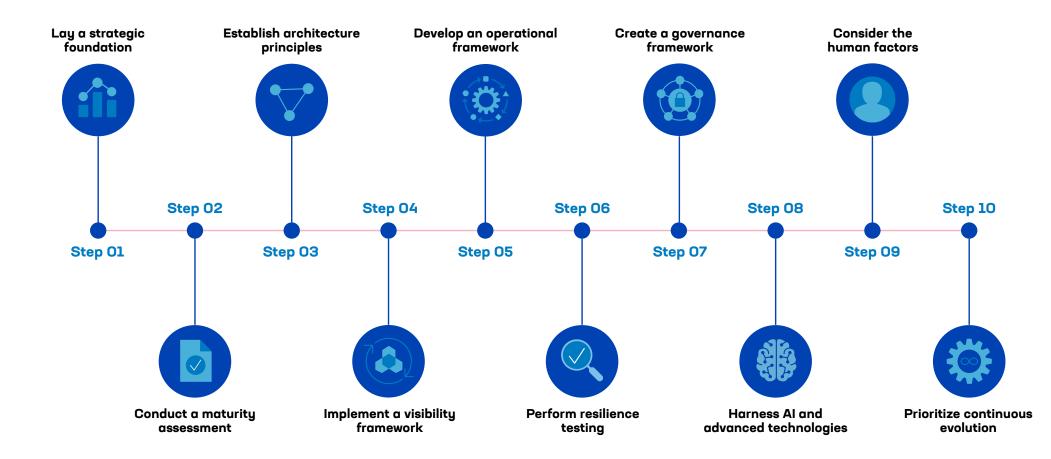
#### Mumbai

These experts focused on aligning cyber resilience with strategic business objectives and integrating global compliance frameworks (ISO 27001, NIST CSF) into enterprise operations. This approach established foundational governance and risk management practices.

#### Tokyo

Addressed Al-driven security challenges, emphasizing governance, compliance, and false positives. Discussions highlighted automation, Al validation frameworks, and risk committees as key strategies to strengthen resilience and bridge workforce gaps.

### The 10 Steps for Cyber Resilience Success



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## Step 01 Strategic Foundation

#### **Objective**

Begin your resilience journey by mapping your security landscape to business priorities. This groundwork is essential for success.

#### Rationale

This foundation ensures security investments are strategic drivers rather than isolated decisions.

#### **Outcome**

Your security program transforms from a reactive defense framework to a proactive driver of business strategy.

#### 1.1 Conduct a business impact analysis

- Prioritize critical systems and evaluate dependencies.
- Map security investments to business objectives with measurable ROI metrics.
- · Regularly revisit alignment as business goals evolve.
- Document interdependencies between business processes and security controls.

#### 1.2 Define a risk appetite framework

- · Establish clear risk thresholds tied to SLAs.
- · Create financial loss models for risk communication.
- Set industry-aligned acceptable risk levels.
- · Review and update risk appetite quarterly.

#### 1.3 Integrate compliance requirements

- Embed global standards (ISO 27001, NIST CSF) into operations.
- · Leverage compliance as a strategic advantage.
- Implement continuous monitoring systems.
- · Maintain updated compliance documentation.



### Step 02 Maturity Assessment

#### **Objective**

Conduct a comprehensive evaluation of your security posture to identify strengths, gaps, and opportunities. This assessment creates your transformation baseline.

#### **Rationale**

By measuring current capabilities, organizations ensure aligned investments and achieve comprehensive security coverage.

#### **Outcome**

A clear, data-driven roadmap that evolves your security program from current to target state.

#### 2.1 Analyze current state

- · Review existing security controls and capabilities.
- Assess organizational security culture.
- Evaluate third-party security risks.
- Document technology stack and security tools.

#### 2.2 Identify capability gaps

• Compare current state against industry benchmarks.

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- · Prioritize gaps based on risk exposure.
- · Create capability enhancement roadmap.
- · Define success metrics for each capability.

#### 2.3 Define target state

- Set realistic maturity goals.
- · Align targets with business objectives.
- · Create phased improvement plan.
- Establish a measurement framework.



## Step 03 Architecture Principles

#### **Objective**

Establish a zero-trust, adaptive security architecture that forms your resilience backbone. This framework must evolve with emerging threats.

#### **Rationale**

Traditional perimeter-based security fails against modern threats. Your architecture must enable both protection and rapid recovery.

#### **Outcome**

A future-ready security infrastructure that automatically detects, responds, and adapts to threats while enabling business agility.

#### 3.1 Implement zero trust architecture

- Deploy role-based access controls with continuous verification.
- · Implement micro-segmentation for critical assets.
- · Enable strong authentication mechanisms.
- Design network architecture with a security-first approach.

#### 3.2 Build adaptive resilience

- · Implement automated recovery mechanisms.
- · Deploy active-active configurations.
- · Enable cloud-based redundancy.
- · Leverage microservices architecture.

#### 3.3 Integrate advanced technologies

- Deploy Al-powered SIEM solutions.
- Implement a vendor-neutral cloud architecture.
- · Standardize API security controls.
- Secure IoT and edge computing infrastructure.

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## Step 04 Visibility Framework

#### **Objective**

Implement comprehensive visibility across all assets, threats, and risks. You cannot protect what you cannot see.

#### **Rationale**

Without end-to-end visibility, threats go undetected and risks remain hidden, creating dangerous security blind spots.

#### **Outcome**

A real-time view of your entire security landscape that enables proactive threat detection and informed decision making.

#### 4.1 Enhance asset management

- · Deploy automated asset discovery tools.
- · Maintain real-time asset inventory.
- Monitor shadow IT activities.
- Track asset dependencies and relationships.

#### 4.2 Implement threat detection

- Deploy Al-driven threat analytics.
- · Enable real-time threat monitoring.
- · Integrate threat intelligence feeds.
- · Establish an alert prioritization framework.

#### 4.3 Create risk dashboards

- · Build executive-level risk visualizations.
- Track key risk indicators.
- · Monitor compliance status.
- Implement predictive risk analytics.



## Step 05 Operational Framework

#### **Objective**

Transform security operations from reactive to proactive through integrated tools, automated workflows, and empowered teams.

#### **Rationale**

Siloed operations and manual processes create delays in threat response and strain security resources.

#### **Outcome**

A streamlined security operation that responds faster, scales better, and empowers teams to focus on strategic priorities.

#### 5.1 Develop response plans

- · Create detailed incident playbooks.
- · Align with business continuity plans.
- Define clear escalation procedures.
- Establish communication protocols.

#### 5.2 Integrate security tools

- · Consolidate security platforms.
- · Automate security workflows.
- Enable cross-platform integration.
- · Implement centralized logging.

#### 5.3 Empower security teams

- Provide role-based security tools.
- · Deploy automation for routine tasks.
- Enable collaborative response capabilities.
- · Implement knowledge management systems.



## Step 06 Resilience Testing

#### **Objective**

Validate your security resilience through rigorous testing and continuous measurement. Assumptions must be proven through action.

#### **Rationale**

Untested security measures often fail when needed most. Regular testing reveals gaps before attackers do.

#### **Outcome**

A battle-tested security program that demonstrably protects and recovers under real-world conditions.

#### 6.1 Conduct regular assessments

- Schedule penetration testing.
- Perform vulnerability assessments.
- Execute disaster recovery drills.
- Test business continuity plans.

#### 6.2 Measure response effectiveness

- · Track mean time to detect.
- Monitor mean time to respond.
- · Assess recovery time objectives.
- · Validate recovery point objectives.

#### 6.3 Implement continuous improvement

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- · Document lessons learned.
- · Update response playbooks.
- · Refine testing procedures.
- · Share best practices.



## Step 07 Governance Framework

#### **Objective**

Establish a structured governance system that drives accountability and ethical decision-making across your security program.

#### **Rationale**

Strong governance ensures security initiatives are focused, accountable, and executed with consistency.

#### **Outcome**

A well-orchestrated security program that balances innovation with control through clear policies and leadership.

#### 7.1 Establish oversight structure

- · Create a security steering committee.
- Define reporting hierarchies.
- Establish decision-making authorities.
- · Implement review cycles.

#### 7.2 Develop Al governance

- · Create AI risk frameworks.
- · Establish ethical guidelines.
- · Monitor AI system effectiveness.
- · Define accountability measures.

#### 7.3 Maintain a policy framework

- Update security policies regularly.
- · Align with industry standards.
- Monitor compliance requirements.
- · Document governance procedures.

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#### **Objective**

Harness AI and emerging technologies to augment your security capabilities while ensuring responsible implementation.

#### **Rationale**

Traditional security approaches cannot scale to meet modern threats. Al and advanced technologies are essential.

#### **Outcome**

A future-ready security program that leverages automation and AI to detect, prevent, and respond to threats at machine speed.

#### 8.1 Deploy Al security solutions

- Implement Al-driven XDR.
- Enable automated threat response.
- · Deploy predictive analytics.
- · Monitor Al model effectiveness.

#### 8.2 Secure emerging technologies

- · Establish innovation frameworks.
- · Implement security-by-design.
- Enable secure cloud adoption.
- · Deploy IoT security controls.

#### 8.3 Maintain technology governance

- · Monitor technology risks.
- · Update security controls.
- Track technology dependencies.
- · Assess security impact.



## Step 09 Human Factors

#### **Objective**

Transform your workforce into your strongest security asset through culture, skill development, and continuous learning.

#### **Rationale**

Technology alone cannot ensure security. Human behavior and expertise are crucial elements of cyber resilience.

#### **Outcome**

A security-conscious organization where every employee is empowered to actively contribute to cyber resilience.

#### 9.1 Build a security culture

- Deploy security awareness programs.
- Implement gamified training.
- Establish security champions.
- · Create reward mechanisms.

#### 9.2 Develop security talent

- Create career development paths.
- Enable certification programs.
- · Establish mentorship initiatives.
- · Support skill development.

#### 9.3 Enable continuous learning

- Provide training resources.
- · Share threat intelligence.
- Enable knowledge sharing.
- · Create learning communities.

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## Step 10 Continuous Evolution

#### **Objective**

Establish a dynamic framework that enhances cyber resilience through systematic assessment and adaptation.

#### **Rationale**

Evolving threats require dynamic security measures, making continuous adaptation essential for cyber resilience.

#### **Outcome**

An adaptive security program that evolves through learning, evolving threats, and emerging best practices.

#### 10.1 Conduct holistic assessments

- Measure control effectiveness and maturity.
- Analyze threat intelligence and incident patterns.
- · Assess business impact and alignment.
- · Review compliance and risk posture.

#### 10.2 Focus on capability enhancement

- · Strengthen detection and response mechanisms.
- · Advance technological capabilities.
- · Improve team competencies.
- · Optimize security operations.

#### 10.3 Prioritize strategic adaptation

- Update security strategies and roadmaps.
- Realign resources and investments.
- · Refine policies and procedures.
- Bridge insights into the next cycle.

### Implementation Roadmap

Phase 1: Foundation

(0-6 months)



- · Conduct initial risk assessment.
- Establish a governance framework.
- Deploy basic security controls.
- Begin security awareness training.

Phase 2: Enhancement

(6-12 months)



- Implement advanced security solutions.
- Deploy Al-driven capabilities.
- Enhance monitoring and response.
- Expand the security program's scope.

**Phase 3: Optimization** 

(12+ months)

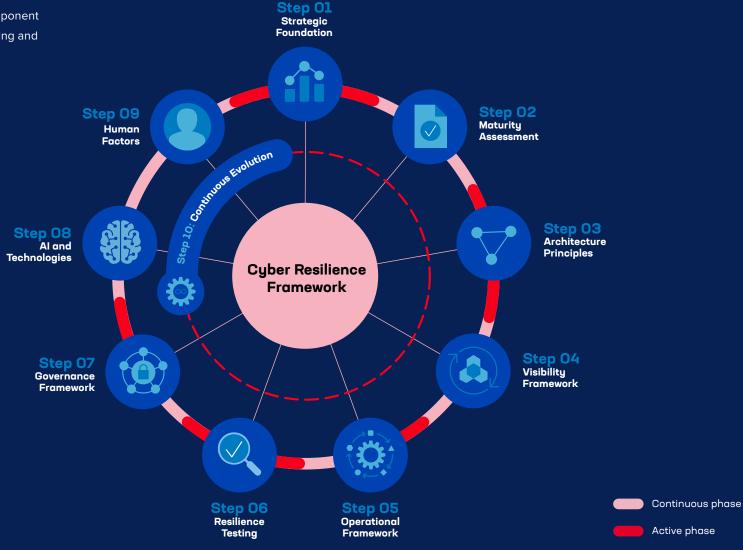


- Enable predictive capabilities.
- Implement automation at scale.
- Optimize security operations.
- Achieve a mature security posture.

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### The 10 Steps for Cyber Resilience Success

Effective cyber defense requires a dynamic, ever-evolving framework that seamlessly integrates active implementation with continuous evaluation. Each component plays a crucial role in strengthening and sustaining cyber resilience.



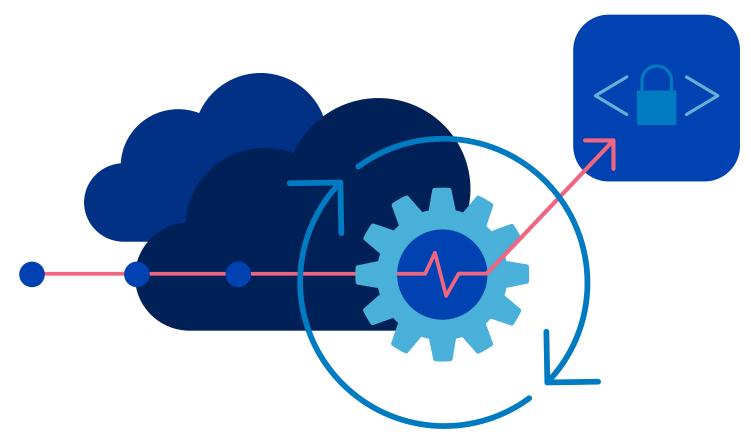
### Conclusion

Building cyber resilience is a continuous journey that requires alignment of technology, people, and processes. This playbook provides a structured approach to enhance organizational security posture while enabling business growth and innovation. Regular review and updates of this framework ensure continued effectiveness against evolving threats.

Learn more

Get more information on how to strengthen enterprise cyber resilience while optimizing security investments and operational efficiency.

Effective cyber defense requires a dynamic, ever-evolving framework where each component plays a crucial role in sustaining cyber resilience.



#### **Contributors**

Abhijit Chakravarthy

Executive Vice President, Kotak Bank

Abhishek Jha

Chief Information Security Officer, Citi Global Markets India

Amitabh Sharan

Head of Domain, System Integration, Express Solution, DHL IT Services

Amogh Zade

Deputy Chief Technology Officer, ECGC

Arif Bhatkar

Head of Information Technology Security, Godrej Infotech

Ashutosh Pathak

Head of IT, Manipal Global Education

Azril Rahim

Head of Cyber Threat Intelligence Management, Tenaga Nasional Berhad

G Saravanan

Group Chief Information Officer, Thomson Hospital

Hilal Ahmad Lone

Chief Information Security Officer, Razorpay

James Thang

Group Chief Information Officer, HELP Education Group

Lalit Trivedi

Head of Information Security, FlexM

Maz Mirza

Chief Digital Officer, KWAP

Mohd Hanapi Bin Bisni

Head of Group IT, Petra Energy Berhad

Munish Blaggan

Head of Technology, Infrastructure Group, ICICI Bank

#### Nehal Shah

Deputy Chief Technology Officer, IDBI Bank

#### Dr. Naresh Kumar Harale

Chief Information Security Officer and Vertical Head of Cyber Security, Reserve Bank Information Technology (ReBIT)

#### Dr. Pawan K Sharma

Chief Information Security Officer, Tata Motors

#### Philip Varughese

Global Head of Applied Intelligence, Platforms, and Engineering, DXC Security, DXC Technology

#### Praveen Samariya

Chief Technology Officer, Medi Assist

#### Raghu P

Chief Technology Officer, Canbank Factors Limited

#### Rahul Malhotra

Senior Vice President, Global IT, Intertrust Group- CSC

#### Sanbir Singh Keer

Executive Director of Cyber Strategy and Transformation | Third-Party Risk Management, Deloitte

#### Sazul Samsuri

Chief Technology Officer, Digital Banking, KAF Investment Bank

#### Dr. Sekar Jaganathan

Chief Business Officer, Kenanga Investment Bank

#### Shinichiro Ikebe

Director, Cyber Security Office, Jupiter Shop Channel Co., Ltd

#### Srinivas Jaggumantri

Chief Technology Officer, Financial Services, Infosys

#### Srikanta Sahoo

Senior Director of IT, LTIMindtree

#### Vasudev Puranik

Managing Director and Chief Information Officer, Global IT, Sales Excellence, Accenture

### **ABOUT F5**

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For more information, go to f5.com. (NASDAQ: FFIV).

